

STRATEGIES TO SUPPORT PARENTING TEENS, SINGLE PARENTS, AND PREGNANT MOTHERS

PRESENTED BY:

BRITTANY BOSTON, ASSOCIATE DIRECTOR FOR EQUITY AND OUTREACH
ILLINOIS CENTER FOR SPECIALIZED PROFESSIONAL SUPPORT

ILLINOIS CENTER FOR SPECIALIZED PROFESSIONAL SUPPORT



Illinois Center for Specialized Professional Support,
Illinois State University, College of Education

- creates, supports, and delivers professional development for career and technical education professionals across Illinois
- provides technical assistance, develops publications, and facilitates program improvement strategies for our partners
- focuses on transition, recruitment, retention, and completion—encouraging achievement of special populations learners
- founded in 1977 at Illinois State University

BE SURE TO GRAB THE HANDOUTS

- Presentation Slides

STRATEGIES TO SUPPORT PARENTING TEENS, SINGLE PARENTS, AND PREGNANT MOTHERS

PRESENTED BY:
BRITTANY BOSTON, ASSOCIATE DIRECTOR FOR EQUITY AND OUTREACH
ILLINOIS CENTER FOR SPECIALIZED PROFESSIONAL SUPPORT

- FY 21 Professional Development



ICSPS Upcoming Professional Development

icsps Impacting educational equity
Illinois Center for Specialized Professional Support
Illinois State University College of Education

ICSPS is dedicated to providing CTE administrators, coordinators, and faculty with authentic, engaging, and dynamic professional development.

We invite you to explore the professional development opportunities that are planned for this winter and spring. To learn more about the sessions listed here, visit icsps@ilstate.edu.

Super Strategies to Support Special Populations Webinar Series
Join ICSPS as we take a deeper dive into our Super Strategies for Perkins V Special Populations. Each webinar will share support strategies and services that can be utilized by secondary and postsecondary systems. Methods for recruiting and informing students about CTE programs will also be discussed. Each webinar will focus on a specific special population. Webinars will be held twice monthly through February, with the final webinar being held on March 10, 2021.

Super Strategies for Economically Disadvantaged Students
Tuesday, December 15, 2020 2:30 pm - 3:30 pm
[Learn more about Super Strategies for Economically Disadvantaged Students and register.](#)

Super Strategies for English Learners
Wednesday, January 13, 2021 2:30 pm - 3:30 pm
[Learn more about Super Strategies for English Learners and register.](#)

Super Strategies for Students with Disabilities Both Cognitive and Physical
Wednesday, January 27, 2021 2:30 pm - 3:30 pm
[Learn more about Super Strategies Students with Disabilities Both Cognitive and Physical](#)

Super Strategies for Students Interested in Nontraditional Fields
Wednesday, February 10, 2021 2:30 pm - 3:30 pm
[Learn more about Super Strategies for Students Interested in Nontraditional Fields and register.](#)

Super Strategies for Parenting Teens, Single Parents, and Pregnant Mothers
Wednesday, February 24, 2021 2:30 pm - 3:30 pm
[Learn more about Super Strategies for Parenting Teens, Single Parents, and Pregnant Mothers and register.](#)

Super Strategies for Out-of-Workforce Individuals
Wednesday, March 10, 2021 2:30 pm - 3:30 pm
[Learn more about Super Strategies for Out-of-Work Individuals and register.](#)



DEFINE



POTENTIAL
BARRIERS



INFORMING AND
RECRUITING



SUPPORTS AND
SERVICES



DISCUSSION AND
QUESTIONS



ADDITIONAL
RESOURCES

AGENDA

PARENTING TEENS, SINGLE PARENTS, AND PREGNANT MOTHERS



- unmarried or legally separated from a spouse and has a minor child or children
- Pregnant adults and teens
- Single or parenting teens

POTENTIAL BARRIERS



lack of affordable childcare

disruption in school or course work as a result of pregnancy related absences and maternity/paternity leave

lack of proper support systems

difficulty obtaining or lack of accommodations related to pregnancy and parenting

- partner with your local community college for CTE exploration days
- inform students on the different career options within CTE and how they can get started during high school
 - many CTE programs allow students to work as they obtain certifications or a degree in their field of choice
- emphasize potential earnings and timelines for completion when informing students about specific CTE programs
- partner with local agencies and programs that support single parents and teenage parents to assist in promoting CTE

INFORMING & RECRUITING

SUPPORTS & SERVICES

- provide all staff and students with professional development on Title IX of the Education Amendments of 1972
- review policies on services for students with temporary medical conditions
 - review the school's policies regarding absenteeism and truancy to confirm pregnant and parenting teens rights are protected per Title IX
- counselors and advisors should be aware of local childcare options and financial supports available to parenting students
- keep an up to date “resource library” of local agencies that students can be referred to for any of the following:
 - mental health services
 - childcare
 - tutoring
 - supplemental nutrition programs
 - early childhood education programs

SUPPORTS & SERVICES

- allow students to have access to academic instruction and stay connected during their maternity/paternity leave
- students receiving supports and services through an Individualized Education Program (IEP) must continue to receive the supports during pregnancy and any parenting related absences from school
- reasonable accommodations must be provided to students both during and after pregnancy
 - larger desks
 - elevator access
 - cellphone access for emergency calls
 - adjustments to class schedules
 - freezing grades while on maternity/paternity leave
 - private space for nursing mothers and proper milk storage
- provide appropriate supports, services, and accommodations to parenting fathers as well

SUPPORTS & SERVICES

- offer counselor services several times throughout the semester
 - track student progress
 - provide opportunities for career assessments and exploration
 - assist in goal planning and a tailored academic plan
 - provide academic intervention
- school nurses can aid in pregnancy identification, referrals to quality prenatal care, parenting education and education regarding prevention of future pregnancy, and referrals to clinical services and healthcare
- set up student support groups for pregnant and parenting teens
 - reach out to former students or individuals in their career field of choice who had a similar experience and can address the need for role models



This Photo by Unknown Author is licensed under [CC BY-SA](#)

QUESTIONS

SPECIAL POPULATION WEBINAR SERIES

Out-of- workforce Individuals

- Wednesday, March 10th at 2:30 PM
- <https://attendee.gotowebinar.com/register/2906558299090316560>

ADDITIONAL RESOURCES

Special Populations Super Strategies & Webinar Series:

<https://icsps.illinoisstate.edu/cte/special-populations/76-super-strategies>



Recruitment, Engagement, and Retention Webinar Series:

<https://icsps.illinoisstate.edu/adult-education>



Universal Design For Learning Webinar Series:

<https://icsps.illinoisstate.edu/cte/universal-design-learning/2-home/68-universal-design-learning-series>

CONTACT INFORMATION

Brittany Boston

Associate Director for Equity
and Outreach, ICSPS

bnboston@ilstu.edu